



# Mothers Moments

Sept/Oct 2009

## **M.O.T.H.E.R.S.**

*seeks to provide opportunities for women to meet with other mothers in a Christ-centered environment where they can experience mutual support; personal, spiritual and social growth.*



Dear Friends,

Summer seems to have gone by so quickly! It is always a little sad to see the lazy days of summer come to an end but with every ending comes a new beginning. As mothers we are busy helping our children adjust to the new school year. However, this also brings the opportunity for us to pursue our own interests. We have so many different activities planned with M.O.T.H.E.R.S., there is no doubt you will find something of interest this year. Of course we have the play groups, book group, recipe groups and e-journal continuing this year. We are also excited about yoga starting back up on **September 23<sup>rd</sup>**.

We look forward to celebrating our new year with a **Wine Tasting**. Please join us on **Thursday, October 1<sup>st</sup>** at 7:30pm in St. Catharine's Community Hall for an evening of friendship. This evening will give everyone an opportunity to take a break from the everyday craziness of the new school year, catch up with some old friends and hopefully meet some new ones. Please remember all women are invited to attend so bring along a friend who you think might be interested in learning about M.O.T.H.E.R.S. In addition, MICA is sponsoring a School Supplies collection so please bring your items that night or drop off your extra supplies at Lyn Clark's home.

October will bring many other great programs including the **Family Activities Pumpkin Picking** adventure on the 17<sup>th</sup>. If you have not gone on this trip before it is a great way to spend a fall day with your family. And of course the **Mom & Tot Halloween party** is on the 30<sup>th</sup>.

As we begin our new year please remember that M.O.T.H.E.R.S. is your organization. If there are things you would like to see us provide please contact us. And of course if you would like to help with any of our committees please contact the core team member for that committee.

Norah & Laura

New this year ...  
Run/Walk Club  
Game Night  
Dance/Exercise  
Class--Zumba and  
Much More!

## St. Catharine's M.O.T.H.E.R.S.



**Invites You To Our 2009-2010  
Autumn Social  
Thursday, Oct. 1st at 7:30 pm  
St. Catharine's Community Hall  
(in Church building)**

*All women are welcome to this free event -  
\*Learn a little about wines for fall entertaining  
\*Learn a little about M.O.T.H.E.R.S. and our plans for the year  
\*MICA will be collecting school supplies for OASIS*

Responses are appreciated by September 25<sup>th</sup> to the Membership Co-Coordinators:  
Judy Dickson [sconorson@optonline.net](mailto:sconorson@optonline.net)  
(201) 251-0422  
Regina Harte [sixhartes@aol.com](mailto:sixhartes@aol.com)  
(201) 444-7669

If you cannot attend, please mail your Membership Form and Dues to St. Catharine's  
905 S. Maple Avenue, Glen Rock, NJ 07452 -Attn. Membership - by October 1, 2009 in  
order to be listed in the Directory.

### MEMBERSHIP

If you know someone who is interested in  
joining, please have them contact

Judy Dickson

[sconorson@optonline.net](mailto:sconorson@optonline.net), 201-251-0422

or

Regina Harte

[sixhartes@aol.com](mailto:sixhartes@aol.com) 201-446-7669

*(Registration form is available at the end of  
the newsletter—please scroll down.)*

### MOTHERS SPECIAL SERVICES

We provide meals to our members who are in need.  
If you are aware of a member who should be provided  
this service, please contact one of the  
Membership Coordinators:

Judy Dickson [sconorson@optonline.net](mailto:sconorson@optonline.net), 201-251-0422 or

Regina Harte [sixhartes@aol.com](mailto:sixhartes@aol.com) 201-446-7669

In addition, please contact us if you would be able to  
provide a meal in the next month or so.

## MOTHERS in Community Action



*As always, thank you for your continued support and generosity.*

*Lyn Clark, Allison Cassin, and Theresa Roberts*

## Looking for a Halloween costume?

Have one you can share or donate? Please bring to the Membership Social on October 1st.

You can borrow a costume and return it directly to that MOTHERS member. Or if that person wants to donate it, you can just keep for next year too!

## Annual School Supplies Drive

Welcome to a new year of service events, collection drives and most importantly...giving. In September we will be holding our annual school drive collection. Items can be dropped off on the back porch entry of Lyn Clark's home at 34 Wilson Street in Glen Rock. We will also be collecting supplies at the annual MOTHERS Membership Drive on October 1st. All items collected will be donated to a local charity. Please contact Lyn Clark for further information (201) 444 5494 or [lyn.clark@verizon.net](mailto:lyn.clark@verizon.net). Look in the upcoming weekly updates and the next newsletter for more ways to contribute to our community!



## Yoga Classes Resume!

Yoga will begin again September 23rd in the library of the Ministry Center. It will run for 15 sessions with a cost of \$120. If you are interested in joining please contact MaryAnn McBride ([the2mcbrees@aol.com](mailto:the2mcbrees@aol.com)).



## Book Group Discussion

### *A Summer Affair*

Join the discussion at Eileen Hillcock's home on

**Tuesday, September 22 at 8pm**

355 Dunham Place  
Glen Rock  
201-444-0293



## Parish and Family Life

It seems like it was just May when I was so excited that the summer was upon us and I couldn't wait for a change to the normal routines of the school year. This summer, my husband was out of work so we were able to travel and visit family and friends more than we usually did. My husband mentioned to me that while he wasn't happy to be out of work, he felt like a high school kid with the summer off and the freedom and excitement that went along with it! Now it is already September and it seems as though we tried to cram a year's worth of activities into these weeks of summer! As our vacations start to cease and priorities become shopping lists for school, I think we all start to focus on different things. Sports are gearing up again, music lessons, school activities - all these have to get squeezed in the busy week. I hope you can make some time each week for your own spiritual development and that of your family. I remember asking a priest when my oldest son was a year old if it was worth it for me to come to Mass each week when I didn't hear anything that was said; I just did whatever I could during Mass to try to keep him quiet! He told me that was my ministry at Mass for then – just to keep coming. I'm glad I did and now that they are older and a 'bit' more well behaved, I can listen and reflect and find peace during that time at Mass.

I am very excited to be working with Tara Piazza this year as the spiritual coordinator for MOTHERS this year. Together we look forward to providing different opportunities to grow together in our faith and to share different faith experiences. On that note, our first Women's Cornerstone will take place at St. Catharine on November 13-14. Please try to be a part of this great experience. Brochures will be available at Church beginning September 12<sup>th</sup>.

Let us not forget those we lost on 9-11-01 and keep praying for their families and all those who help keep our country safe. Below is an excerpt from Pope Benedict's prayer at his visit to Ground Zero last year. May God bless you.

— Annette

*O God of love, compassion, and healing, look on us, people of many different faiths and traditions, who gather today at this site, the scene of incredible violence and pain.*

*We ask you in your goodness to give eternal light and peace to all who died here— the heroic first-responders: our fire fighters, police officers, emergency service workers, and Port Authority personnel, along with all the innocent men and women who were victims of this tragedy simply because their work or service brought them here on September 11, 2001.*

*We ask you, in your compassion to bring healing to those who, because of their presence here that day, suffer from injuries and illness.*

*Heal, too, the pain of still-grieving families and all who lost loved ones in this tragedy.*

*Give them strength to continue their lives with courage and hope.*

*God of peace, bring your peace to our violent world:*

*peace in the hearts of all men and women and peace among the nations of the earth.*

*Turn to your way of love those whose hearts and minds are consumed with hatred.*

*God of understanding, overwhelmed by the magnitude of this tragedy, we seek your light and guidance as we confront such terrible events.*

*Grant that those whose lives were spared may live so that the lives lost here may not have been lost in vain.*

*Comfort and console us, strengthen us in hope, and give us the wisdom and courage to work tirelessly for a world where true peace and love reign among nations and in the hearts of all.*

## Spiritual Life



### Spiritual E-Journal

If you would like to join the spiritual e-journal discussion group, please e-mail Tara Piazza [tarapiazza@yahoo.com](mailto:tarapiazza@yahoo.com). You will then be able to respond online to the reflections and receive the responses of other discussion group members. It's a great way to be a bit more spiritually connected.

### Prayer Network

Members communicate the need for prayers for themselves, for family members, or friends through the MOTHERS email directory. Those who wish not to receive prayer requests through email can have the prayers communicated by telephone. If you are interested in volunteering to act as a Prayer Network Caller, please contact Mindy Frangulova, [frangulm@yahoo.com](mailto:frangulm@yahoo.com).



## Car Visor Conversation Guide

- What is something you are thankful for right now?
- What is one thing you appreciate about our family?
- Who are the kids at school you really like/dislike and why?
- If you had three wishes right now, what would you wish for?
- What do you think God has been trying to tell you/us lately?

**Prayer Before Driving:**  
God, thank you for the gift  
of transportation.

Help us to stay safe as we journey on the  
roads today, and let us be good  
examples to others as we go  
out into the world.

Amen.

# MOM & TOT HALLOWEEN PARTY!



**FRIDAY, OCTOBER 30<sup>TH</sup> 9:30 AM**

## COMMUNITY CENTER AT ST. CATHARINE'S

Please join us for games, crafts and Halloween fun!

Dress your little ones up and  
bring a Halloween treat to share with everyone!

\$ 5 per child/ \$ 10 per family

**Keep an eye out for upcoming Mom & Tots events this fall:**

\*Monthly meet-ups @ Kid's Clubhouse \*Thanksgiving arts and crafts \*Christmas story time/ get together

Any questions, please call Tracey Morin (973) 427-2393 or Morin07@optonline.net

Name: \_\_\_\_\_ # of Children: \_\_\_\_\_ Ages: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please make check payable to St. Catharine's Mothers. Drop off or send reply by  
October 23rd at St Catharine's Rectory 905 S. Maple Ave, Glen Rock, NJ 07452

## Play Groups



Playgroups are a great way to meet other moms with small children. We meet every Thursday from 10:00am - 11:30am in the Pastoral/Ministry Center basement playroom. If you have little ones and have an interest in joining us please feel free to contact [Tracey Morin](mailto:Tracey.Morin@stcatharines.org) 973-427-2393 or Deirdre [Tarrant](mailto:Deirdre.Tarrant@stcatharines.org) 201-625-2973



## Family Activities



# Pumpkin Picking at DePiero's Farm

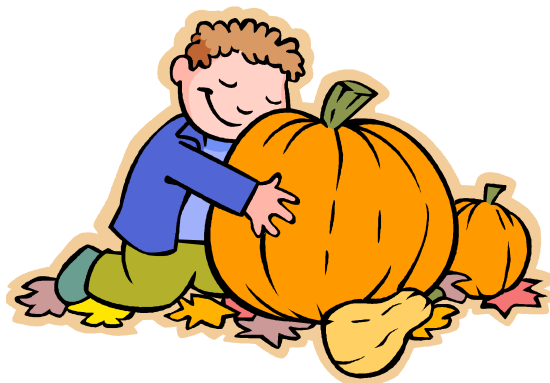
Join us for a fun-filled morning of pumpkin picking!  
M.O.T.H.E.R.S. has reserved a 10:30 a.m. hayride at De Piero's Farm on  
**Saturday, October 17th**

The cost is \$9.00 per person, which includes the hayride and a pumpkin!  
De Piero's Farm is located at 300 W. Grand Ave. in Montvale.

Please make checks payable to St. Catharine's M.O.T.H.E.R.S. and drop it off at the rectory. Please include the names and ages of all family members who will attend and mark "Pumpkin Picking" on the envelope. Thanks!

If you have any questions or comments, please  
email either  
Caroline Lederer at [carolinekey@yahoo.com](mailto:carolinekey@yahoo.com) or  
Linda Kitz at [mlakitz@optonline.net](mailto:mlakitz@optonline.net).

Hope you can make it!



## Sunday, November 1, 2009

### Turn back your clocks!

### LAST NEWSLETTER!

Send new activity flyers to [Kristin McGowan](#) by the first of each month.

The M.O.T.H.E.R.S. website will be updated monthly. Thank you!



## Classifieds

### Babysitter Available:

In your home Mondays and/or Thursdays starting in September  
 Has driver's license and own car. References available including 2 from Mother's members Noreen Petraitis and Andrea Potto.  
 Contact Agata at [aga.kluk@yahoo.com](mailto:aga.kluk@yahoo.com) or (201) 893-6728.

### Baby Albums Quick Easy Beautiful

Want to make an album that looks like you spent hours scrapbooking, but didn't? New baby's 1<sup>st</sup> year products just released. Call me to set-up your free consultation.  
 Karin Speizer 201-689-3150 or [karin.speizer@verizon.net](mailto:karin.speizer@verizon.net)

### Patti's Playhouse

Registered family daycare since 1998  
 (daily rates only/no hourly)

Contact Patti McHugh for details at 201 652 5159 or [phmchugh@verizon.net](mailto:phmchugh@verizon.net)

*If you would like run an ad in Mothers Moments, contact [Norah McLaughlin](mailto:norahmclaughlin@gmail.com)*

## M.O.T.H.E.R.S. CORE TEAM MEMBERS

<b>Team Coordinators:</b>	Norah McLaughlin <a href="mailto:laughin@verizon.net">laughin@verizon.net</a> 201-857-4139	
	Laura Kramer <a href="mailto:lekramer@optonline.net">lekramer@optonline.net</a> 201-445-0020	
<b>Family Activities:</b>	Linda Kitz <a href="mailto:mlakitz@optonline.net">mlakitz@optonline.net</a> 201-857-4756	
	Caroline Lederer <a href="mailto:carolinekey@yahoo.com">carolinekey@yahoo.com</a> 201-612-9030	
	Sheila Vaccaro <a href="mailto:sheilav@mac.com">sheilav@mac.com</a> 201-251-8189	
<b>Membership:</b>	Judy Dickson <a href="mailto:sconorson@optonline.net">sconorson@optonline.net</a> 201-251-0422	
	Regina Harte <a href="mailto:sixhartes@aol.com">sixhartes@aol.com</a> 201-444-7669	
<b>MICA/TYICA:</b>	Lyn Clark <a href="mailto:lyn.clark@verzion.net">lyn.clark@verzion.net</a> 201-444-5494	
	Theresa Roberts <a href="mailto:troberts1217@hotmail.com">troberts1217@hotmail.com</a> 201-444-3169	
	Allison Cassin <a href="mailto:allisoncassin@gmail.com">allisoncassin@gmail.com</a> 201-857-2299	
<b>Mom &amp; Tot/ Playgroups:</b>	Tracey Morin <a href="mailto:morino7@optonline.net">morino7@optonline.net</a> 973-427-2393	
	Deirdre Tarrant <a href="mailto:dmxmaher@aol.com">dmxmaher@aol.com</a> 201-625-2973	
<b>Newsletter</b>	Kristin McGowan <a href="mailto:kristinmcgowan@optonline.net">kristinmcgowan@optonline.net</a> 201-857-4203	
<b>Parish &amp; Family Life:</b>	Annette Gallagher <a href="mailto:parishfamilylife@stcatharinechurch.org">parishfamilylife@stcatharinechurch.org</a> 201-612-4660	
<b>Publicity:</b>	Laura Reynolds <a href="mailto:ldreynolds94@hotmail.com">ldreynolds94@hotmail.com</a> 201-773-0368	
<b>Secretary:</b>	Coleen Glasser <a href="mailto:coleendean@verizon.net">coleendean@verizon.net</a> 201-445-2187	
<b>Social:</b>	Liz Cox <a href="mailto:lizcox8@aol.com">lizcox8@aol.com</a> 973-423-3322	
	Wendy Tufano <a href="mailto:tufano172@optonline.net">tufano172@optonline.net</a> 201-251-2734	
<b>Spiritual Life:</b>	Tara Piazza <a href="mailto:tarapiazza@yahoo.com">tarapiazza@yahoo.com</a> 201-857-4178	
<b>Treasurer:</b>	Lorena Nogara <a href="mailto:nogaracpa@aol.com">nogaracpa@aol.com</a> 201-251-7579	

## M.O.T.H.E.R.S. NON-CORE TEAM MEMBERS

<b>Book Club:</b>	Jamie VanSchoonhoven <a href="mailto:jtricarico@davidbrooke.com">jtricarico@davidbrooke.com</a> 201-444-8663
<b>E-mail:</b>	Mindy Frangulova <a href="mailto:frangulm@yahoo.com">frangulm@yahoo.com</a>
<b>Recipe Group:</b>	Karin Speizer <a href="mailto:karin.speizer@verizon.net">karin.speizer@verizon.net</a> 201-689-3150

## EVENTS CALENDAR

### SEPTEMBER

- 22: Book Group Discussion  
Eileen Hillcock's Home  
8 pm
- 23: Yoga Begins

### OCTOBER



- 1: Autumn Membership Social  
St. Catharine's Community Hall, 7:30 pm
- 17: Pumpkin Picking  
DePiero's Farm  
10:30 am
- 30: Mom & Tot Halloween Party  
St. Catharine's Community Center  
9:30 am



# MEMBERSHIP REGISTRATION FORM

(2009-2010)

M.O.T.H.E.R.S. provides opportunities for you to meet with other mothers in a Christ-centered environment where you can experience mutual support and personal, spiritual and social growth. Please see the **DESCRIPTION of ACTIVITIES** for more information on our various opportunities.

Circle one:    First-time Registration                  Renewal Registration

We would appreciate if you complete the entire form:

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

BIRTHDAY (month/day): \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

*Email addresses are printed in the Directory and used for Prayer Requests and Program Updates.  
Internal Use Only.*

HUSBAND'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NAME(S) AND BIRTH DATE(S) (month/day/year) OF YOUR CHILD(REN):

\_\_\_\_\_  
\_\_\_\_\_

**PLEASE NOTE: Photos will be taken at all events for publicity purposes. Please let us know if you DO NOT want your family to be included.** \_\_\_\_\_

Please indicate if you are interested in joining one of the activities below. This is optional, but is a great way to get further involved and meet new people:

\_\_\_\_ Family Activities

\_\_\_\_ Mom & Tot/Playgroup

\_\_\_\_ MICA/TYICA

\_\_\_\_ Book Group

\_\_\_\_ Social

\_\_\_\_ Recipe Group

\_\_\_\_ Spiritual/ E-Journal

### **M.O.T.H.E.R.S. SPECIAL SERVICES**

*We provide meals to our members who are in need, i.e. births, deaths, illness, etc. We ask that each member take part in our Special Services Program. This will usually involve one request per year. If you are aware of a member who should be provided with this service, please contact one of the Membership Co-Coordinators.*

*The annual membership fee is \$20. Checks should be made payable to: St. Catharine's Church. Please return to 905 South Maple Avenue, Glen Rock, NJ 07452.*

**Please submit this form by October 1, 2009, so your information can be listed in the Membership Directory.**

**Family Activities/Working Moms:** Various fun-filled recreational and social activities are held during the year, geared toward families with school-age children. Working Moms organizes social and educational events specifically geared toward working mothers. Coordinators: Linda Kitz 201-857-4756 ([mlakitz@optonline.net](mailto:mlakitz@optonline.net)) / Caroline Lederer 201-612-4430 ([carolinekey@yahoo.com](mailto:carolinekey@yahoo.com)) / Sheila Vaccaro 201-251-8189 ([sheilav@mac.com](mailto:sheilav@mac.com)).

**M.I.C.A./T.Y.I.C.A.** (MOTHERS and Teen/Youths in Christian Action): M.I.C.A. offers opportunities for members and their families to participate in community outreach. T.Y.I.C.A. offers opportunities for children grades three and up to participate in community outreach. Coordinators: Lyn Clark 201-444-5494 ([lyn.clark@verizon.net](mailto:lyn.clark@verizon.net)) / Theresa Roberts 201-444-3169 ([troberts1217@hotmail.com](mailto:troberts1217@hotmail.com)) / Allison Cassin 201-857-2299 ([allisoncassin@gmail.com](mailto:allisoncassin@gmail.com)).

**Spiritual Life:** Various faith-based events, such as retreats, speakers and prayer groups, are held during the year. This includes the Spiritual E-Journal, a discussion of weekly scripture readings and reflections. Coordinator: Tara Piazza 201-857-4178 ([tarapiazza@yahoo.com](mailto:tarapiazza@yahoo.com))

**Mom & Tot/ Playgroups:** Mom & Tot events are held throughout the year, including holiday parties and open play dates at local parks. Playgroups meet weekly to socialize and share experiences while children play together. Playgroups are held in the Playgroup room located in the basement of the Ministry Center Coordinator: Tracey Morin (973) 427-2393 ([morin07@optonline.net](mailto:morin07@optonline.net)) / Deirdre Tarrant (201) 625-2973 ([dmxmaher@aol.com](mailto:dmxmaher@aol.com))

**Social Activities:** Two couples' events are planned for members and their spouses (typically one in the fall and one in the spring). There will also be informal evenings out with other moms. Coordinators: Liz Cox (973) 423-3322 ([lizcox8@aol.com](mailto:lizcox8@aol.com)) / Wendy Tufano (201) 251-2734 ([tufanol72@optonline.net](mailto:tufanol72@optonline.net))

The Following Groups will meet occasionally; look for details in the newsletter and email updates:

**Book Group:** Meets every month to discuss, review and critique a selected book. Facilitator: Jamie Van Schoonhoven (201) 444-8663 ([jtricarico@davidbrooke.com](mailto:jtricarico@davidbrooke.com)).

**Recipe Group:** Meets several times a year to eat a meal and share recipes. Facilitator: Karin Speizer, 201-689-3150 ([karin.speizer@verizon.net](mailto:karin.speizer@verizon.net)).

**Prayer Network:** Members communicate the need for prayers for themselves, for family members or friends through the MOTHERS email directory. E-mails to initiate prayer requests can be sent to [mothersofstc@yahoo.com](mailto:mothersofstc@yahoo.com) or through a phone call to one of the Spiritual Life Coordinators or the Team Co-Coordinators.

Members are welcome to participate in any group at any time for one or as many activities/events as they wish. Please feel free to contact **Team Co-Coordinators** Norah McLaughlin 201-857-4139 ([laughin@verizon.net](mailto:laughin@verizon.net)) and Laura Kramer 201-445-0020 ([lekramer@optonline.net](mailto:lekramer@optonline.net)) with any questions or if you would like to help out.